

## Volunteers Make the Race Go 'Round!



**237 volunteers  
guaranteed the  
1,150 triathletes  
from 13 to 78  
years old made it  
safely around the  
course.**



FRED GATES

## VOLUNTEER PROFILE

### Jamie Hartnett

**Professional Career:** Works for Celebrity Talent International as a sales and talent coordinator booking celebrity performers, athletes and speakers for fundraising events. Recent bookings include Jamie Lee Curtis, Jay Leno and astronaut James Lovell.

**Volunteer Work:** Photographs most City of Carlsbad trails events. Contributes to the trails newsletter and is a trail captain.

**Why she became In-volved:** "In Hawaii I worked in radio as director of marketing and promotions. I was out at events all the time, mixing with people, and I would always take photos." Moved to Carlsbad three years ago and wanted to meet people and use her talents. Also gets her outdoors and exploring in Carlsbad.

**What camera does she use to get those great photos?** Canon Sure Shot. "It fits in my purse. I always have it with me."

**Most memorable vacation:** Taking her mother back to her mother's birthplace in Pago Pago, American Samoa in 1995.

**Big fan of:** The (now cancelled) CBS news segment by Steve Hartman called "Everybody Has a Story"

**Best part of volunteering:** Praise from trail manager Liz Ketabian. "It makes me feel great!"

## What's your Carlsbad Triathlon IQ?

Answers below. No peeking!

1. How many consecutive years has Carlsbad been hosting the Carlsbad Triathlon?
2. What are the course distances?
3. Volunteers are needed on race day and at the previous day's Health and Fitness Expo. Volunteer positions include athlete check-in, body marking, hospitality, timing crew and a wide variety of other opportunities. How many volunteers in all are needed to help host this popular event?
4. The number of entries is normally capped at 1,000. How many athletes signed up this year?
5. What are the names of the special divisions?
6. What is the age of the youngest athlete to participate in the Triathlon this year?
7. Who is the oldest athlete to participate this year?
8. Who were the overall male and female winners this year and what were their times?
9. What are the course records?

## Volunteer Opportunities



### Welcome visitors to the Ranch.

Are you outgoing, friendly and interested in Carlsbad history? Volunteer to greet visitors who drop by Leo Carrillo Ranch in the afternoons. You will be trained on the history of the actor Leo Carrillo and the famous movie stars who stayed at his ranch, on ranch life in the olden days and on the natural history of the area. Share your knowledge with visitors and assist with clerical duties. Contact Sue at [Sue.Irey@carlsbadca.gov](mailto:Sue.Irey@carlsbadca.gov) or call 760-434-2929.



SAM WELLS

### Give the gift of reading.

Change a life by teaching an English-speaking adult to read. You will be provided training and materials in a friendly, supportive environment. You do not need previous teaching experience, but do need patience, empathy and a sense of humor. Must be 21 years of age. For more information, call 760-931-4510 or email [literacy@carlsbadca.gov](mailto:literacy@carlsbadca.gov).

### Answers to Carlsbad Triathlon IQ questions.

1. 30 years – it is the longest running municipally-sponsored triathlon in California. 2. It is a sprint distance race, consisting of a 1k open-water ocean swim, 25k bike and 5k run. 3. 2:37.4. 4. 1:15:05. 5. Elite, California Firefighters Summer Olympics, Clydesdale, Athena and Challenged. 6. 13 years – Lindsay Ladman – female. 7. Carlsbad resident Gerald Ankenbrandt age 78. 8. Chris Kemp 1:10:12, and Heather Jackson 1:15:46. Chris then rode his bicycle another 50+ miles back to Long Beach. 9. Michael Simpson 1:07:03 and Michelle Jones 1:11:38 – both set in 2007.

## Around Carlsbad

### Family Open Studios

October 15, 11 a.m. - 2 p.m.  
William D. Cannon Art Gallery  
1775 Dove Lane, Carlsbad 92011  
This free art-making workshop is designed for the whole family.

- Visit the gallery
- Create works of art in the courtyard (suited for all age levels)
- Take the finished project home

Presented with the Cannon Art Gallery exhibit entitled, "Some Strings Attached: World Folk Art Puppets from the Alan Cook Collection," a puppeteer will also put on a puppet show called "Animalia." For the hands-on part, families will get to create their own migratory animal puppet.



### Open Gymnasium Play

Both Calavera Hills and Stagecoach Community Centers offer open gymnasium play (click on center's name to download schedule). Activities include pickle ball, basketball, badminton and volleyball. Free play for youth and families is also available. Fees are \$2 for Carlsbad adult residents with current photo I.D., \$4 for non-residents. No charge for youth and teens.



CITY OF  
**CARLSBAD**

Volunteer Resources

[www.VolunteerinCarlsbad.net](http://www.VolunteerinCarlsbad.net)

To expand your volunteer involvement citywide, contact Sue Irey, Volunteer Coordinator  
[Sue.Irey@Carlsbadca.gov](mailto:Sue.Irey@Carlsbadca.gov) or 760-434-2929